



## If you need help during the corona crisis



You can get help from the Community Hub



Help with shopping, or posting things, or walking the dog.....



Or maybe a friendly call



The Community Hub can help with lots of things, or tell you who else can help



There's lots of information at <https://www.pembrokeshire.gov.uk/coronavirus-covid-19-community-information/i-need-some-help>



Or you can call **01437 776301**  
From 9-5 Monday to Friday

